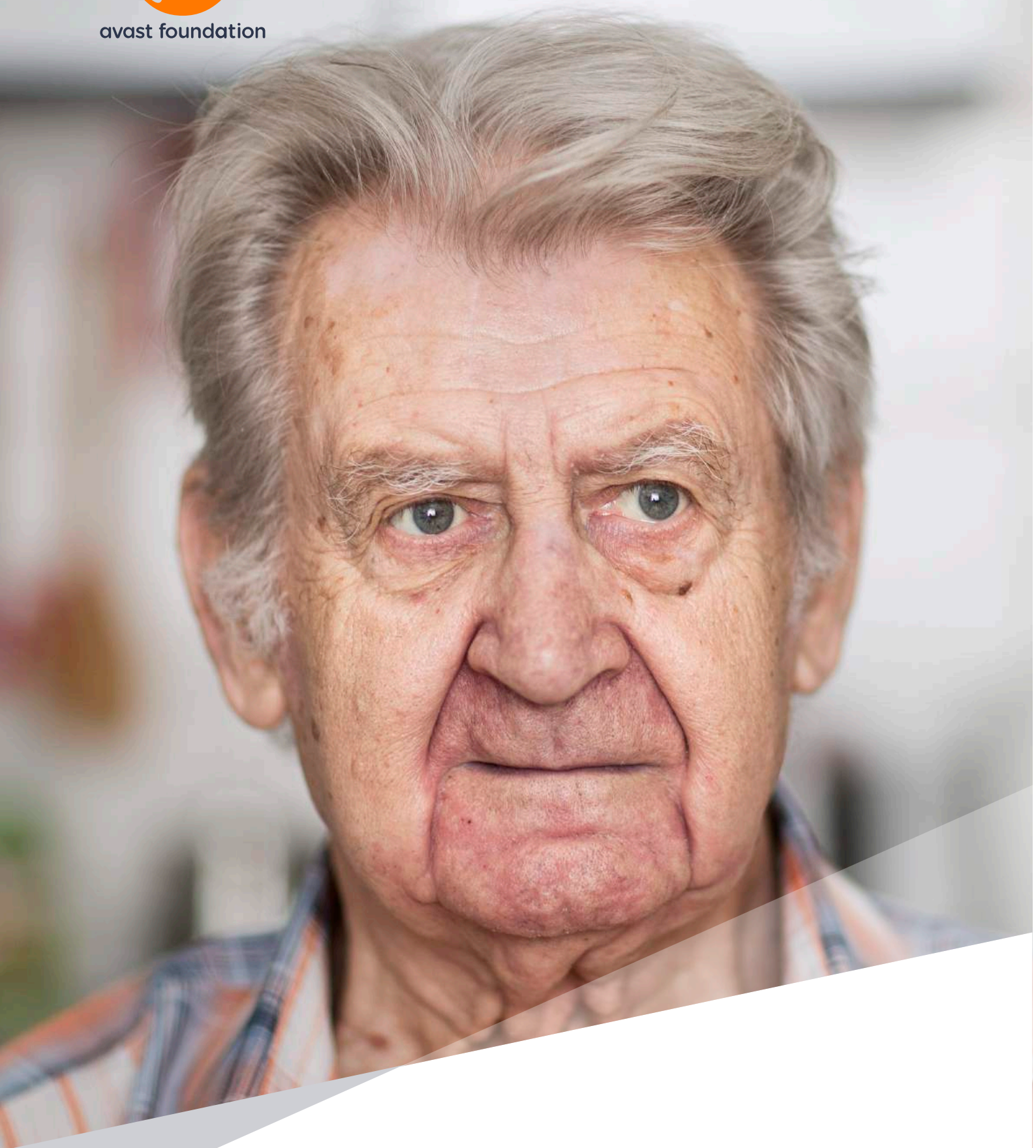




avast foundation



Together Until the End

Results of the program in 2016



Together Until the End

Results of the 3rd year of the programme that supports care for the dying in the Czech Republic

In our work and support, we focus most on the end-of-life period which we consider very important and still perceived as a taboo in the Czech society. Several years ago, we therefore initiated a grant programme Together Until the End, focused on the care for the dying in the Czech Republic and on the attitude of the society to dying as such.



Why have we decided this year to support the development of palliative care in hospitals?

In the Czech Republic, similarly to the other European countries, the majority of people die in hospitals and long-term care facilities. In 2014, it was roughly 70 per cent of all those passed away. The access to palliative care in hospitals is therefore crucial. Despite that, it is not available in the vast majority of healthcare facilities in the Czech Republic. In this year of the programme Together Until the End we strive to change that. The goal of this year of the programme is therefore to support the development of palliative care services within the hospital environment in the Czech Republic.

The main evaluation criteria:

- Systemic importance of the project and integration of palliative care in the overall functioning of the hospital
- Clearly declared support of the hospital's management
- Relevance of the type of the facility for the pilot support and inspiration for others
- Regional aspect

Results of the 3rd year

Number of received applications: **64** projects from **58** hospitals

Proceeding to the 2nd round for a personal meeting in Avast: **25**

Supported: **18** projects in **17** hospitals

Total sum distributed: **CZK 26,631,620**

The programme objectives:

- Practical psycho-social counselling; Coordination of the care and support
- Building and developing palliative teams and units
- Communication with patients and their families
- Pain treatment; Communication on the aims of the care and support in serious decision-making
- Information and awareness; Advocacy activities; Systemic changes



Expert advisers of the programme



**CENTER FOR
PALLIATIVE
CARE**

Center for Palliative Care



**Česká společnost
paliativní medicíny**
České lékařské společnosti
Jana Evangelisty Purkyně

Czech Society of Palliative Medicine

What is ahead of us in the implementation period 2016 – 2018?

2016

Summer – preparation of the development programmes for the supported hospitals

September – 1st meeting and sharing of the supported hospitals

November – evaluation of the first milestones defined by the hospitals themselves

December – 2nd meeting and sharing of the supported hospitals

2017

February – Conference on palliative care in hospitals

May – 3rd meeting and sharing of the supported hospitals

September – 4th meeting and sharing of the supported hospitals

2018

January – Final conference and presentation of the programme results

Supported hospitals:

REGION	HOSPITAL	AMOUNT	SHORT PROJECT DESCRIPTION
City of Prague	General University Hospital	2 000 000 CZK	Building and developing a palliative multidisciplinary team and a palliative in-patient unit.
Central Bohemia	NH Hospital a.s. – Hospital Hořovice	2 000 000 CZK	Building and developing a palliative multidisciplinary team (in both the adult and children's part of the hospital).
City of Prague	Na Košíku Clinic	140 000 CZK	Building and developing a palliative multidisciplinary team. Training the staff in palliative care.
Moravia-Silesia	Bílovec Hospital	748 840 CZK	Developing a comprehensive palliative-care unit in the Long-term Care Facility. Accreditation of the unit also for training non-medical staff.
Central Bohemia	Na Pleši Hospital	1 270 400 CZK	Management and operation of a specialised out-patient unit for palliative and supportive treatment of cancer patients and other patients in the region. Higher quality of care in the in-patient station.
Pardubice	Vysoké Mýto Hospital	1 025 950 CZK	Introducing palliative care to the hospital staff. Building and developing a palliative multidisciplinary team and a palliative family room.
City of Prague	Hematology and Blood Transfusion Institute (HBTI)	1 424 850 CZK	Systemic integration and availability of palliative care as an integral part of care for patients at the HBTI. Building an out-patient palliative care unit and dissemination of specialised publications among the professional and lay public.
Central Bohemia	Příbram District Hospital	1 600 000 CZK	Building and developing a palliative multidisciplinary team.
City of Prague	General University Hospital in Prague / Internal Medicine Unit Strahov	2 000 000 CZK	Building and developing a palliative multidisciplinary team. Integrating palliative care in the ongoing training of medicine students. Spreading awareness of palliative care among nephrologists working in pre-dialysis out-patient units and at the dialyses.
City of Prague	Central Military Hospital Prague	1 945 000 CZK	Building and developing a palliative multidisciplinary team and a palliative in-patient unit.

Brno	Masaryk Memorial Cancer Institute	1 401 000 CZK	Creating and implementing an integrated Palliative Care Programme in the Masaryk Memorial Cancer Institute in Brno. Obtaining the OECl accreditation.
City of Prague	University Hospital Motol	1 970 580 CZK	Systemic integration of palliative care for children in the hospital, systemic training of staff and subsequent opening of a palliative out-patient unit.
City of Prague	University Hospital Královské Vinohrady	2 000 000 CZK	Building and developing a palliative multidisciplinary team and a palliative in-patient unit.
Vysočina	Jihlava Hospital	2 000 000 CZK	Building and developing a palliative multidisciplinary team and spreading awareness of the Palliative Care Station in all hospital units.
Zlín	Sisters of Charity Hospital, Kroměříž	450 000 CZK	Building and developing a palliative multidisciplinary team and a palliative in-patient unit.
City of Prague	Sisters of Mercy of St. Boromeo Hospital	1 555 000 CZK	Improving the quality of palliative care provided to persons with an advanced non-cancer disease with a limited prognosis. Expanding the expert counselling and training to the other hospitals and palliative care providers.
Liberec	Regional Hospital Liberec	1 200 000 CZK	Building and developing a palliative multidisciplinary team and starting a palliative out-patient unit.
Liberec	Masaryk Municipal Hospital in Jilemnice	1 900 000 CZK	Building and developing a palliative multidisciplinary team.

Expert evaluators

After careful consideration we invited respected experts who represent various professional platforms, professions and the professional public and have diverse experience above all in palliative medicine and care for dying patients. We fully trust them in their ability to evaluate the applicants' plans with erudition, objectively and from a broader perspective and to assess the applications with regard to the priorities and mission of our programme and as to how they contribute to the whole area of palliative care in the Czech Republic.

- **Hana Benešová / Ministry of Health of the Czech Republic** – I work at the Ministry of Health, at the healthcare section, where I deal predominantly with palliative medicine and the psychiatry reform. Already when I studied, I was interested in the psychological aspects of the treatment of patients and I am glad that I can continue to work in that theme. I cover psychotherapy, social and legal consultancy and the conceptual setup of health services. In practice, the actual treatment is as important for me as the related subsequent quality of life, the humane and individual approach of the whole multidisciplinary team.
- **Martin Loučka / Director of the Center for Palliative Care** – I am a psychologist and Director of the Center for Palliative Care. The aim of our organisation is to develop palliative care through training, research and awareness activities. My first more intensive encounter with palliative care was at a two-year course in the children's hospice Plamienok. Later I studied and worked in England, the Netherlands and the US and so I had the opportunity to learn about organising palliative care in very different systems of healthcare and social services.

• **Ondřej Sláma / physician and an expert secretary of the Czech Society of Palliative Medicine** –

I work as an oncologist, a specialist in palliative care at the Masaryk Memorial Cancer Institute in Brno. I deal with various aspects of palliative medicine (e.g. treatment of pain and other symptoms, the ethics in decision-making for end-of-life patients) and with organising and the options of integrating palliative care into the healthcare system. I am a scientific secretary of the Czech Society of Palliative Medicine. *Ondřej Sláma did not take part in the evaluation of the project of the Masaryk Memorial Cancer Institute.*

• **Irena Závadová / physician and chief physician of the mobile hospice Cesta domů** – I work in the mobile hospice Cesta domů as the head of the medical team, a physician specialised in palliative medicine. I deal with the management of symptoms of advanced incurable diseases of both tumour and non-tumour origin, planning of the future care and addressing ethical dilemmas that appear among our patients at the end of life. I lead the sub-division of palliative medicine at the Institute for Postgraduate Medical Education and I take part in the teaching of medical students at the First Faculty of Medicine, Charles University.

We thank all who help us with the development and mission of this programme and we thank all who have pursued care for palliative patients for many years.

Contact persons of the programme:

Martin Loučka, Center for Palliative Care

Tel. +420 605 376 107; Email: m.loucka@paliativnicentrum.cz

Martina Břeňová, AVAST Foundation

Tel. +420 605 939 300; Email: brenova@avast.com

For current information please visit the website:

www.foundation.avast.com



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