TOGETHER UNTIL THE END

2nd year of the programme supporting care for the dying in the Czech Republic
This year, we have focused on two priority themes. First, the development of regional cooperation among organisations, aimed at shared care for the patient and his/her family. An important part of such partnerships is formed by home and residential hospices. Second, thanks to experience also from abroad we are aware that hospices will always need support from the community and private donors. Therefore, we have decided to invest into the development of their fundraising and so support their long-term self-sufficiency.

I. Supporting Independence

The purpose of the nearly two-year programme is to develop, discover, test in practice and share the methods of financing the home and residential hospices in the Czech Republic so that they become self-sufficient.

Until the end of 2016, we will gradually invest CZK 19 million into the development of fundraising in one third of Czech hospices. Apart from financial support towards strategic development of fundraising and capacity, we will offer fundraising training, consulting support and opportunities to share and implement new joint ideas.

**Expert supervisor and programme promoter:** Czech Fundraising Centre

**Number of applicants:** 23

**Number of applicants proceeding to the 2nd round:** 16

**Support provided to:** 10 hospices

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<th>Home hospice Duha Hořice</th>
<th>Hradec Králové Region</th>
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<td>Home hospice Vysočina</td>
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II. Supporting Reciprocity

This part of the programme is focused on active and systemic cooperation among institutions and organisations in regions, which are or could be part of the care for the dying and their families. In the programme, we want to initiate and support possible solutions and pilot models that will become inspirational for others and will be applicable in other regions.

Number of applicants: 23  
Number of applicants proceeding to the 2nd round: 11  
Support provided to: 7 projects at a total amount of CZK 6 932 700

**Czech Society of Palliative Medicine**

*Supporting the cooperation and coordination of home hospices under the pilot project of Mobile Specialised Palliative Care*

People in the Czech Republic still cannot pay home palliative care from their health insurance. The CSPM together with 8 home hospices and the general health insurance company VZP are currently implementing a pilot project which should prove the necessity of financing the end-of-life care by insurance companies. Under the pilot project, VZP will pay only direct health care, medicines and medical devices. The Avast Foundation will pay the coordination of the project, the support and cooperation of home hospices-participants in the pilot project, the collection of key data and publicity of the project and its outputs.

**Brothers of Mercy Hospital in Brno**

*A multidisciplinary palliative team in the hospital*

We will support the establishment of a multidisciplinary palliative team in the hospital, which will care for patients in the Long-term Disease Treatment Institution (LDTI). The public often sees LDTIs as a place “where people go to die”. LDTIs are a standard part of hospitals and many people who do not know or do not have other options use the LDTI services for their close ones. We want to encourage innovation of the care and improve the possibilities of the staff in hospitals in caring for patients at the end of their lives.

**Sue Ryder Home**

*The process of integrating palliative care into the homes for elderly people.*

The clients of homes for elderly people are a substantial group that will need, sooner or later, palliative care. The Sue Ryder Home has reached the conclusion that it is necessary to educate their own staff in palliative care but mainly to integrate services of a mobile palliative team in the region into the service of homes for the elderly. The aim is to make the external mobile palliative care a normal part of care for clients who cannot stay in their own home but use the option of
a long-term stay in a home for elderly people. The project partners include the Home Na Výsluní in Hořovice, the Palliative Care Centre and the Management and Supervision Department of the Faculty of Humanities, Charles University.

**Hospice of St. Stephen**

*Enhancing regional cooperation in the Litoměřice area*

The Hospice in Litoměřice is one of the well-respected in-patient hospices in the Czech Republic. We have supported their plan of systemic interlinking of palliative care with institutions in the Litoměřice area. They are prepared to develop partnership with the Hospital in Roudnice, the Municipal Hospital in Litoměřice and the company Krajská zdravontí, a.s. with its hospitals in Ústí nad Labem and in Děčín. With their professional conferences or training events they want to focus on the target group of physicians and the other medical staff.

**Home Hospice Vysočina**

*Family rooms and a contact point in Vysočina*

The home hospice Vysočina belongs to the well-established hospices and it built, as the first, so-called family rooms at a LDTI, adjusted for the stay of the family who wish to spend the last days of the life of their close one together. Such patients are in the care of a mobile palliative team of the local hospice which provides care as if the patient was at home. This model project has created a valuable regional collaboration with local institutions.

**Local Charity Pelhřimov**

*Hospice care has a place wherever it is needed.*

The home hospice care is now regionally accessible only to persons who remain in their home and can to afford home care services. A number of people, however, spend the last years of their lives in homes for elderly people or homes with day-care service. In the current practice, the people in terminal stages of disease are transported from such facilities to hospitals where the hospice type of care does not exist and where they usually become the object of curative medicine until the end of their lives. The aim of the project is to change the practice so that such people may remain in their “Homes” until the end of their lives.

**The Jewish Community in Prague**

*Jachad - together*

The Jewish Community in Prague has a system of social and health services, covering also palliative care. We are aware of the non-standard nature of the target group in the context of our programme where the final benefit is targeted at the general public. We have supported innovation and development of cooperation among the separate services and with our support we express our respect for the Shoah victims who form a large part of the clients the Jewish Community is currently caring for. We also believe that the Jewish Community will share with other palliative care providers its many years long experience, e.g. concerning the activity of the Burial Society whose tradition they renewed a few years ago.
After careful consideration we addressed respected professionals who represent various specialised platforms, professions and the professional public and have various experience e.g. in the educational, social, health and of course palliative area, or with developing civil society and organisation management. We have full trust in that they are able to evaluate the applicants’ proposals with erudition and from a broader perspective and to appraise the applications with regard to our programme’s priories and mission. We thank them for their time and for help with our effort to support the care for the dying in the Czech Republic.

Jan Kostečka /Supporting Independence/
I have co-founded, built and managed Proutek, a social NGO working with mentally handicapped people. Since 2006, I have worked in the development of organisations and staff in the helping area. My theme is mainly the soft skills of managers (leadership, evaluation, planning) and organisation development (strategic plans, plans of changes, fundraising plans, solutions of problems in policies and management). I provide supervisions mainly for management teams in social services. In my work (and in the work of others) I am obsessed with searching for the meaning, with strategies and processes. I want every member of staff to be a lucky star in their team.

Jan Kroupa /Supporting Independence/
For over 15 years I have worked as a consultant, lecturer and analyst in philanthropy, fundraising and civil society organisation management in the Czech Republic and in more than ten countries in the world, mainly in Central and Eastern Europe. I have co-founded the Czech Fundraising Centre, I chair NETT, civil association (an independent think tank for civil society, www.ttnett.cz) and am a member of several boards of directors of non-profit organisations in the Czech Republic and abroad.
The Czech Fundraising Centre is the expert supervisor of the programme Supporting Independence.

Monika Marková /Supporting Independence/
When I was a child, I experienced my mum’s passing at home. And although we could only dream of controlling pain and other symptoms, it was a start of my later nurse work in the hospice in Červený Kostelec. Also thanks to that experience I could contribute to building a hospice in my native Litoměřice, to work in it as head nurse for a few years and now, since June 2013, be its director. I have expanded my medical and social education with studying management and supervision at the Faculty of Humanities, Charles University, where I now give lectures externally.
Monika Marková did not take part in appraising the application of the Hospice of St. Stephen.

Katarína Vlčková /Supporting Reciprocity/
As a physician of the home hospice Cesta domů in Prague I accompany the dying and their families on a daily basis. Together with all of our multidisciplinary team I strive to create conditions for dignified dying in the clients’ natural environment. I know from my experience that the quality of palliative care depends mainly on the humane attitude of the whole team and on their availability for a sufficient period of time – more than on financially demanding interventions.
Honza Dolínek /Supporting Reciprocity/
In the last 15 years or so I have taken part (as a member, lecturer, coordinator, project manager, volunteer) in the development of Czech non-profit organisations mainly in the field of social services, crime prevention, free-time and community activities. I help them to plan strategically, to improve their skills and competences in management, fundraising, public relations, volunteering and in other related areas. In the corporate environment, I most often consult strategic decisions in philanthropy, corporate volunteering, as well as in the broader context of social responsibility.

Ondřej Sláma /Supporting Reciprocity/
I work as an oncologist, a specialist in palliative care in Masaryk Memorial Cancer Institute in Brno. I am concerned with various aspects of palliative medicine (e.g. treatment of pain and other symptoms, the ethics of decision-making for end-of-life patients) and with the organisation and possibilities of integrating palliative care into the healthcare system. I am a scientific secretary of the Czech Society for Palliative Medicine (CSPM). Ondřej Sláma did not take part in appraising the CSPM application.

Martin Loučka /Supporting Reciprocity//Supporting Independence/
I am a psychologist and Director of the Palliative Care Centre in Prague. Our organisation is dedicated to developing palliative care through training, research and educational activities. My first intensive encounter with palliative care was at a two-year course in the children’s hospice Plamienok. Later, I studied and worked in England, the Netherlands and the US and I had a chance to learn how palliative care is organised in various and often very different systems of health and social services.

Matěj Lejsal /Supporting Independence/
I work as Director of the publicly beneficial society Sue Ryder Home whose mission is: “A chance for aging in dignity”. I teach at the Faculty of Humanities, Charles University, department of Management and Supervision in Social and Health Organisations. I am concerned with systems of social security, financing of social services and the theme of social enterprises. I am a member of the Government Council for NGOs, I get involved in the work of professional working groups in the Ministry of Labour and Social Affairs in the field of care for elderly people, financing of social services etc. I work as a consultant in social entrepreneurhip in NGOs, and in financial management of social services under transformation.

We would like to thank all who help us with developing the programme in any way, and mainly those who have been dedicated to care for the dying for many years.

AVAST Foundation

Further information on the programme:

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